



## Wellbeing Support Practitioner *Job Description*

<b>Service:</b>	<i>Mental Health and Wellbeing</i>
<b>Job Title:</b>	<i>Wellbeing Support Practitioner</i>
<b>Reports To:</b>	<i>Team Leader – Wellbeing Support Team</i>
<b>Location:</b>	<i>Hybrid working; between Young Somerset bases countywide, other community delivery locations and some home working</i>
<b>Main Purpose of Post:</b>	
<p>The postholder will play a vital role in delivering impactful wellbeing activities and group-based interventions to support children and young people (aged 0–25), their families and communities across Somerset. Working as part of Young Somerset’s Mental Health and Wellbeing team, the focus is on helping young people overcome challenges, build resilience, and achieve sustainable, positive outcomes in their lives.</p> <p>This role is central to:</p> <ul style="list-style-type: none"> <li>• The delivery of non-clinical groupwork sessions in schools and communities,</li> <li>• Supporting participation and engagement projects that amplify the voices of young people,</li> <li>• Contributing to whole school approaches to mental health and wellbeing,</li> <li>• Building trusted relationships with young people and offering responsive, high-quality support.</li> </ul> <p>The postholder will ensure that young people are actively involved in shaping the services they receive and that their experiences inform the ongoing development and improvement of the wider wellbeing offer.</p>	
<b>Main Responsibilities and Duties:</b>	
<p>Under the direction of a Team Leader:</p> <ul style="list-style-type: none"> <li>• Support children, young people, families, and professionals to access appropriate services, and raise awareness of support available locally and nationally.</li> <li>• Deliver and promote a range of inclusive, wellbeing-focused activities and group sessions for young people, including pre- and post-intervention support.</li> <li>• Work to pre-set, standardised goals aligned with the planned delivery. Evaluate progress through regular session notes, outcome tools, and recorded observations to ensure support remains effective and relevant.</li> <li>• Involve young people in shaping services through participation activities and help implement Young Somerset’s Participation Strategy.</li> </ul>	

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- Work collaboratively with families, schools, healthcare providers, and community partners to improve access and enhance joined-up support.
- Maintain accurate records and ensure compliance with data, safeguarding, and confidentiality standards.
- Contribute to service improvement by reviewing internal processes and sharing insights from practice.
- Represent Young Somerset professionally, follow all organisational policies, and participate in ongoing training, development, and performance reviews.

#### GENERAL

- Contribute to the development of best practice within the service.
- Maintain up-to date knowledge of legislation, national and local policies and procedures in relation to children and young people's mental health.
- All employees have a responsibility and a legal obligation to ensure that information processed is kept accurate, confidential, secure and in line with the Data Protection Act (2018), GDPR and relevant policies.
- It is the responsibility of all staff that they do not abuse their official position for personal gain, to seek advantage of further private business or other interests in the course of their official duties.

This Job Description does not provide an exhaustive list of duties and may be reviewed in conjunction with the post holder in light of service development.

#### **Additional Information**

The postholder must be able to demonstrate commitment and enthusiasm towards Young Somerset's four core values:

- Putting Young People First
- Inspiring
- Collaborating
- Going further

An Enhanced DBS clearance is required as post holder will be working in close proximity to children. This post is exempt from the Rehabilitation of Offenders Acts.

The post holder will be required to maintain a suitable confidential space to work some hours from home.

The post holder will be required to pack and transport resources and support children and young people in a range of indoor and outdoor environments, which may include some lifting and carrying.

The post holder will work at a variety of community locations which may include youth centres, schools, Young Somerset bases and health centres.

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The postholder will be required to work some evenings and may be required to work some weekends.

The salary is within the band £25,500 for 37 hours per week (pro rata for part-time).

Holiday entitlement is 27 days, plus 8 Bank Holidays (pro rata for part time staff), with an additional 5 days after 5 years service (pro rata for part time staff).

### **Qualifications**

#### **Essential**

- 5 GCSE's or equivalent, including English and Maths
- Clean driving license

#### **Desirable**

- Educated to A level standard or equivalent
- Relevant further education or training
- Relevant IT qualification

### **Experience**

#### **Essential**

- Relevant experience of volunteering or working with children and young people.
- Working as part of a team and liaising with a wide variety of organisations
- Demonstrate high standards of written communication
- Experience of using IT systems Office 365, including Excel, Word, Outlook, and Teams.
- Administration skills, including inputting and retrieving information from a computer system
- Strong communication and interpersonal skills, including good telephone manner and note-taking ability.
- Personal and time management skills.

#### **Desirable**

- Working in the charity sector
- Experience of using social media to promote events
- Experience of working with children or young people with mental health difficulties.
- Experience of managing caseloads.
- Trained and experienced in the use of risk assessments.
- Data input and use of business systems.
- Diary management
- Working with children and young people with neuro diversity and/or SEN
- Experience of working with parents
- An understanding of children and young people's mental and how it may present.